

# Emergency Action Plan

Bardstown High School

400 N 5th St, Bardstown, KY 40004

(502) 331-8802

Building/ Facility: Athletic Complex (Salt River)

- **Call 911** (Nelson Co. EMS (502) 348-4929)
  - If cell phone is unavailable, landline phone is located in the Tiger Den near the coaches' office.
  - If victim is not breathing, start CPR immediately.
    - Head coaches of each team have assigned roles within their coaching staff
  - AED is located in the common area of the indoor facility.
  - Stay on the phone with EMS until they arrive, or tell you otherwise.
    - Relay medical information, conditions, allergies (if known) to EMS
- **Communicate to EMS**
  - Is the victim unconscious, not breathing, bleeding?, etc.
  - Directions to the scene:
    - If emergency is at the baseball field, EMS will enter through the Front door of the building
- **Specific Medical Conditions**
  - Sudden Cardiac Arrest
    - AED should be retrieved first and CPR should then be started immediately.
  - Heat Illness
    - EMS should be called immediately and cooling measures started as soon as possible (shade, ice water immersion, ice packs, etc.)
  - Head and Neck Injury
    - First responders should not move the victim, but should stabilize the head and neck. EMS needs to be called immediately. Victim's airway should be assessed, and facemask or any other barrier needs to be removed if blocking the airway
  - Asthma
    - Call EMS, find emergency inhaler for victim. If inhaler cannot be found start rescue breathing immediately.
  - Anaphylaxis
    - Call EMS first then locate victim's epi-pen or spare epi-pen located in Athletic Training Room and inject in the thigh and hold for 10 seconds.

\*If there is an emergency, Chris Pickett and/or David Clark should be notified as soon as possible.

- Chris Pickett- (502) 249-0729

## TRANSPORTATION / TRAVEL PER DIUM

- Athletic programs that participate on off campus practices are provided transportation by the school if needed. Coaches must schedule practices in locations and times where bus routes can accommodate those with transportation needs.
- Athletes are allowed to ride home with their parents after a sporting event, but due to insurance requirements they are not allowed to ride home with anyone else, including other parents. Only extreme exceptions may occur and the principal must approve those situations.
- Team travel expenses are paid by the Bardstown Board Office for regular season and playoff games. Any additional travel expense is left to the individual sport to make payment.
- Overnight stays paid by the individual sport.
- **All Bus upgrades or other methods of travel besides a school provided bus is the individual sport's responsibility to pay**
- State ran tournaments that require overnight stays are paid for by the athletic department. Hotel costs are based upon 3 star accommodations and four athletes to a room.
- Meals are provided by the school cafeteria for student athletes that miss a meal because of the time or length of a contest.
- Individual sports pay for meals during tournaments not hosted by the state.
- The Athletic Department gives meal vouchers for State tournaments.
- Coaches are not compensated for mileage or meals for scouting or other trips unless approved by the principal.